

## How to Stock a Natural Medicine Cabinet Information Packet



### **SELECTROLYTES®**

A unique balanced oral mineral replacement & maintenance formula!  
**ELECTROLYTE CONCENTRATE.**

Containing these electrolytes: **Sodium, Potassium, Magnesium,  
Phosphate, Chloride, Bicarbonate, & Purified Water.**

\*\*Electrolytes are minerals dissolved or suspended in solution, which **create an electrical charge** that is **needed for the body to function.** They help **maintain stable blood pressure & circulation, regulate body temperature, transport nutrients, detoxify metabolic waste & heavy metals, and lubricate musculoskeletal joints.**

#### **Nutritional Facts**

Servings per container: (approx.) 32 in a 16 oz. bottle.

Amount per Serving	½ oz	
Calories	0	Calories from Fat 0
		<b>% Daily Value*</b>
<b>Total Fat</b>	0 g	0%
Saturated Fat	0 g	0%
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	165 mg	7 %
<b>Potassium</b>	354 mg	10 %
<b>Magnesium</b>	119 mg	30 %
<b>Total carbohydrate</b>	0 g	0%
<b>Sugars</b>	0 g	0%
<b>Protein</b>	0 g	0%

\*Percent daily Values are based on a 2000calorie diet. Your daily values may be higher or lower depending on your calorie needs. **\*\*The following statements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease!**

**Mixing instructions:** Dilute 1 tablespoon (½ oz). or 3 capfulls - using the cap from our 16oz. bottle of this concentrate in 16oz. of purified water, milk or other desired liquid. It can also be added to foods in place of salt. **Store out of direct sunlight. Refrigeration is not necessary.**

**Mineral concentrations in each lot vary slightly (this cannot be controlled), some crystallization will occur. However due to the nature of this super-saturated solution it remains effective.**

**Shaking this product is not necessary as it will not get rid of crystallization!**

**Suggested use:** In addition to your daily diet, drink 2 to 3 servings of this diluted solution (see mixing instructions above), or as directed by a **Licensed Health Care Practitioner (LHCP)**.

**Caution:** If you have any medical conditions, consult a **LHCP before using** this product.

## ©**ELECTROLYTES AND YOU!**

**SELECTROLYTES®** is a concentrate of oral electrolytes formulated for and used by: Health Care Professionals Sports Players/Trainers, Surfers, Landscape/Construction workers, and others!

**Question (Q): What role do electrolytes play in our lives?**

**A:** Body fluids are comprised of water (the universal solvent), and solutes (**electrolytes and non electrolytes**) that are dissolved or suspended in a solution. **The majority of our blood is made up of water, which is essential for metabolism.** Total body water is approximately 60% of an adult's weight & as little as 40% of an elders. However **water alone cannot conduct the electrical current we need to live.** **Electrolytes are mineral compounds that are dissolved in the extracellular and intracellular fluid** in our bodies. These solutes **then become charged particles known as ions.** These are split into two categories. The positive charged ions known as cations: sodium, potassium, calcium, & magnesium; & the negative charged ions or anions: chloride, bicarbonate, & phosphate. **These ions dissolved in body fluids create an electrical charge (similar to a battery), which is needed for the human body to function.** **Electrolytes are a vital part of our body fluids that help maintain: homeostasis** (interrelated processes that maintain equilibrium inside & outside of our cells), **a pH (acid/base) balance, the proper volume of blood for efficient circulation, & stable blood pressure.** They **facilitate the transport of nutrients, amino acids, lipids, hormones, proteins and other molecules into cells.** This solution also **regulates body temperature, aids in the detoxification of metabolic waste products & heavy metals,** provide lubrication to the musculoskeletal joints & acts as a component in the pericardial, pleural, spinal, and peritoneal fluids. **Electrolytes play an important and essential role in all of our lives!**

**Q: How do we lose electrolytes?**

**A:** Normal loss of body fluids (which include electrolytes) occurs through the kidneys (urine), bowels (feces), skin (perspiration), & breathing (respiration). For a **healthy adult the total body fluids lost in a day are approximately equal to their daily fluid intake.** **Abnormal fluid and electrolyte losses also occur,** such as water **dehydration,** heat prostration, etc... These losses are usually linked to **physical exertion, prolonged exposure to the elements** (e.g. Sports & Outdoor Activities, Construction Work, etc...), or **disease, trauma, & medical intervention.** Therefore **Athletes, Senior Citizens, individuals with a cold, flu, virus & those who work or play outdoors for extended periods may be prone to ELECTROLYTE DEFICIENCIES.** Any illness in which you have symptoms such as diarrhea, and vomiting can cause electrolyte losses. Other examples of abnormal fluid losses are: kidney conditions, cardiovascular problems,

cancer, depression, blood loss, surgical procedures, use of alcohol, prescription & non-prescription drugs (especially diuretics and chemotherapy). Some of these problems can cause a decrease of appetite & fluid consumption, which will result in fluid & electrolyte losses.

**Q: How do we replace electrolytes?**

**A:** Normally we get electrolytes, water and non electrolytes (body fluids) with food and fluid intake, or by epidermal absorption. **When we have electrolyte imbalances, oral supplementation may become necessary.** Your health care practitioner could prescribe: intravenous solutions, which contain electrolytes and other solutes, blood volume replacements, colloids (e.g., albumin or dextran) or total parenteral nutrition. However **it is always preferred to get electrolytes by non-invasive methods such as oral supplementation whenever medically possible.**

**SELECTROLYTES Is a unique oral supplementation of electrolytes, which contain the following ions: Sodium, Potassium, Magnesium, Phosphate, Chloride, Bicarbonate, and Purified Water.** Diluted as suggested or as directed by your health care practitioner, this ionic solution may be used orally to replace or maintain fluids and minerals. **They may also be added to foods in place of table salt.**

### **Uses for SELECTROLYTES ®**

SELECTROLYTES® has been used in many ways other than in milk or water, and for many ailments other than listed in our literature. The following is a list of some of the uses our customers have reported:

- © in carbonated water with a twist of lime, lemon or a little orange juice, grapefruit juice, grape juice, cherry juice, etc... in iced tea but at ½ the suggested dose (due to taste), in carrot juice.
- © in rice, soy, oat or almond milk.
- © in breakfast cereals(oatmeal, farina, or mueseli, etc...)
- © to marinate meats, fish and poultry, or as a jerky or pre smoking marinade(undiluted).
- © as a tenderizer for meats(undiluted).
- © in salad dressings (undiluted), example: balsamic vinegar, SELECTROLYTES®, olive oil(to taste).
- © in gravies, broth, soups(makes a scrumptious chicken soup), and stir fry's.
- © in pate's.
- © to season all cooked or raw foods.
- © used orally (diluted as suggested) by athletes to prevent cramps, increase stamina, and recovery times.
- © in baths to soothe aching muscles, dry irritated skin and to detox.
- © on the scalp as a tonic for dry itchy scalp(rinsed out after 10 minutes of rubbing in scalp), it is reported that SELECTROLYTES® will leave the hair soft and manageable (undiluted).
- © in warm foot baths to relieve tired aching feet(diluted), and to help destroy foot fungus(undiluted).

- © as a dental rinse for sensitive gums, mercury detox, and help curb the bacteria that cause bad breath, to speed healing after dental work(undiluted).
- © as a gargle for dry or sore throats(undiluted).
- © diluted 1 to 3 parts purified water and used as a nasal spray for healing dry sore nasal passages from colds, sinusitis, allergies, etc...
- © to aid in soothing the itch and healing poison ivy, sumac, or chigger, mosquitoes or other bug bites(undiluted), if skin is scabbed or broken dilute 50% with purified water to lessen salt sting.

**Please let us know how you have used them and the results you obtained.**

SELECTROLYTES® contains sodium, **potassium, magnesium, phosphate, bicarbonate, and chloride**. People with high blood pressure, congestive heart failure, or other salt retaining conditions should take care not to overload, only replace, lost fluids. Individuals with renal failure need to consult their physicians before using potassium-containing products of any kind. \*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease. If you have any medical conditions, consult a physician before using this product.

## **CHLORELLA**

### **(Broken Cell Chlorella Pyrenoidosa)**

Our Chlorella is 100% Pure **Chlorella Pyrenoidosa** (No preservatives, excipients, coatings, colorings, flavorings, binding agents, fillers, additives, or any chemicals, and it is 100% pure). It has been specially processed to have a **Sound Cracked Cell Wall** for high/easy absorption. **Purity is monitored & backed by laboratory testing!** (No irradiation or chemical processing). \*This single celled fresh water algae is an optimal source of fatty acids, enzymes, high grade protein, chlorophyll A&B (20 times more than in alfalfa), **Chlorella Growth Factor (CGF)**, over 20 vitamins and minerals (such as iron, phosphorus, magnesium, calcium, iodine, zinc, potassium, sulfur, vitamins A, B<sub>1</sub>[thiamine], B<sub>2</sub>[riboflavin], B<sub>3</sub>, B<sub>6</sub>[pyridoxine], B<sub>12</sub>, C, E, K, folic acid, biotin, inositol, pantothenic acid, folic acid, niacin, as well as trace amounts of manganese, sodium, and chloride), & 19 Amino Acids (including all essential amino acids.) This whole food supplement is being used for: anti-aging, immune system support, fasting, detoxifying metals (mercury, etc...), toxins & metabolic waste from the body!

**We use 100% pure, preservative-free vegetable capsules which dissolve rapidly, regardless of the food temperature, unlike gelatin capsules which are hard to digest.**

**Suggested Use:** 1 Teaspoon (2000 mg.) of powder or 4 (500 mg.) capsules (2000mg.) 3 times daily with purified water at mealtime or as directed by a Licensed Healthcare Practitioner (LHCP). **We will provide laboratory results for this Chlorella upon request. Warning:** Consult your LHCP about dosages & contraindications before using.

**Important: Keep Out Of The Reach Of Children! Store in a Cool Dark Place & Do Not Refrigerate!**

## **How to Stock a Natural Medicine Cabinet**

**Cold & Flu Season Control Assistance Suggestions ©**

**Author: Rev. Vern Morin, APN, FCF**

\*Thorough APN testing of a client's bio system (all 5 levels) allows for optimal diagnosis and more importantly viable solutions to their dis-ease leading to effective treatment.

All clients should be tested thoroughly using APN for all stresses in and around them to determine the stresses on their bio system and for that which alleviates these stresses most optimally (supplements, amounts to be used, when to be taken, other healing methods, etc...). Organs must be clear (cleansed) before using any suggested protocols to avoid complications.

As with all disease it is equally important to get rid of metals in the body as soon as the client is healthy enough to withstand the removal of the metals!

**Suggested test method: Dr. Dietrich Klinghardt's ART & APN**

**Bacterial & Viral Infections are able to grow as the result of a weakness in the immune system and usually brought on by abundant stress.**

Not too hard to resolve if the patient complies to these suggestions & communicates with the practitioner any changes they decide to make on their own so as to increase understanding of the results:

1. Buffered Vitamin C 2250mg. 2x daily for at least 2 months after symptoms are non existent. (MORIN LABS, INC. offers an 8oz. size buffered C complex powder calcium ascorbate with bioflavonoids, rose hips and acerola cherry extract 1/4 teaspoon = 1,125mg).

2. Beta Carotene which converts to Vitamin A take 75,000 iu daily for 2 weeks, then drop down to 25,000iu daily for 2 weeks. (MORIN LABS, INC. offers a 25,000 I.U. gel capsule, 180 gel caps per bottle).

3. L-lysine 1,000mg 2x daily for 6 weeks then drop down to 1,000mg. daily for life to prevent viruses & cold sores from erupting again. (MORIN LABS, INC. offers a 250 mg. caplet L-lysine with 250 per bottle).

4. **EFA's (MORIN LABS, INC.) To assist as antiviral & with balancing EFA's (hormones, lubrication, regulation, etc.).**

**Step 1:** Take Omega 6 (GLA) 3 capsules daily for 2 months. Borage Oil 500mg 3x daily for 2 weeks, then drop down to 500mg 2x daily for 2weeks, then down to 500mg. daily for 10 days after viral symptoms disappear.(MORIN LABS, INC. offers a 250 actual GLA Borage Oil softgel cap with 120 gels per bottle)

**Step 2:** Take Omega 3 (DHA & EPA) 1 capsule daily for 1 month. daily till 10 days after viral symptoms disappear. (MORIN LABS, INC. offers a 2200mg actual EPA/DHA Oil softgel cap with 240 gels per bottle)

5. Plant Enzymes 1,120mg 3x daily in between meals (1/2 hour before eating works best) till 2 weeks after infection symptoms disappear and for life if you choose to have better digestion and less fat.. (MORIN LABS, INC. offers a 100% vegetarian plant enzyme formula 560mg capsule with 240 caps per bottle).

6. **Chlorella Capsules or Powder™ (MORIN LABS, INC.) Purpose: to assist in detoxifying metals, toxins & supply beneficial nutrition particularly during infections & stomach flu or food poisoning .**

**Step 1:** 1capsule 3x daily for one week **Step 2:** 3 capsules 2x daily for one week.

**Step 3:** 7 capsules 3x daily for 2 weeks before, during and 2 weeks after amalgam removals.

**Step 4:** 2 capsules 3x daily taken for life as a maintenance detox & bio systems protectant.

**Sensitivity to chlorella can occur (rare), usually in the form of a mildly upset stomach. To alleviate these symptoms one needs to take CHLORALYTES™ as directed on the label or just put a little pinch of powder in the mouth daily for to weeks and then resume taking Chlorella Capsules without reaction.**

7. Melissa Extract a big dose of 10 droppers full 3x daily till all viral symptoms disappear and then down to 3 droppers full 3x daily for several weeks to prevent reoccurrence.

For your calculations: (80 droppers per 2oz. bottle and 640+ droppers per 16.9 oz bottle) so a 16.9 oz. bottle will last approximately 28 days).

Due to the large dose required here I will give a discount on the 16.9 oz. or better even gallon size of Melissa Extract).

8. Herpylieve™ (my formula) use on cold sores to eliminate them quickly! Put small amount on infected areas 3x daily and best to use as you feel one about to occur as it will prevent it!

9. SELECTROLYTES R 3 tablespoons daily in purified water, always drink lots of clean water daily for life! This is to optimize your mineral & electrolyte level which allows the neurological system to function properly, make your body work the way God intended it to, and allows the body to eliminate waste, gets rid of infection (bugs) that you have killed and their waste products).

10. Healthy Intestinal Formula Lactobacillus Acidophilus & Bifidobacterium 16 billion per day to keep healthy bacteria populations up so as to fight off infections & help you to digest your foods (MORIN LABS, INC. offers Healthy Intestinal Flora 16 billion per capsule, 240 capsules per bottle).

11. Herb Extracts MORIN LABS, INC. Formulas to have on Hand for your Cold, Flu, Allergy & Emergency Medicine Cabinet! Yes with just these herb extracts alone you can assist in eliminating the bugs and the symptoms of a Cold & Flu virus:

Astragalus Root Extracted in MORIN LABS, INC. Neural Delivery System™

Burdock Root “	“
Cinchona Bark “	“
Cats Claw “	“
Cinnamon “	“
Cherry Bark Wild “	“
Dandelion Leaf “	“
Echinacea “	“
Garlic Wild Crows “	“
Goldenseal “	“
Milk Thistle “	“
Mullein Leaf/Flower “	“
Mycelium 2 “	“

Pleurisy Root “

“

Sheep Sorrel “

“

Slippery Elm Bark “

“

Also Yin Chiao Herb Formula (MORIN LABS, INC. Provides a special formula) I believe this is a great product as it allows adults & children to work, go to school and function while being attacked by the infection & assists in ridding the body of the infection as well.

Essential Oil Formulas from MORIN LABS, INC. to have on Hand for your Cold, Flu, Allergy & Emergency Medicine Cabinet:

INFECTION ASSIST TM  
SINUS/RESPIRATORY ASSIST TM  
HEALFAST TM  
HERPYLIEVE TM  
ORASSIST TM

**Other Vital Steps: Prayer: The key element in healing is Praying to God to be able to receive Divine Guidance towards relieving stress through resolving inner issues and for God's Will for all of life!**

**Juicing Home Grown, Better Than Organic (chemical free), vegetables 3x daily, do not use stimulants, alcohol, harmful drugs, sweeteners, or refined sugars!**

**For optimal results these suggestions need to be followed exactly as they all work together.**

**\*This following statement applies to all these suggestions: Use These Suggestions At Your Own Risk! We Do Suggest You Consult A Licensed Health Care Practitioner Prior To Any Decisions You Make to Use These Suggestions.**

**\*All of the suggestions made by MORIN LABORATORIES, INC. or Vernon L. Morin Jr. have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease! Thoroughly research 1st, then make well educated decisions regarding your health!**

**Warning:** Consult your Licensed Healthcare Practitioner (e.g. dosage/contraindications) before using this or any suggested protocol!

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ΩAll of our formulas have been Energized with Intention, Sound & Prayer†



Our products are Spiritually Developed at MORIN LABORATORIES, INC. by human minds and processed with human hands using Love, care, prayer, sound and the specific positive intention of getting the products to and healing those whom GOD intended them for! We continually search the world for the best sources of metal and toxin free essential oils, whole herbs, minerals and nutrients. We believe that all of our products contain the purest ingredients coming from companies who do not use harmful solvents and have the same or similar positive universe healing intentions .

If you would like to purchase any of the items discussed in this Information Packet please visit us at our

[WELLNESS STORE](#)

and stock your Natural Medicine Cabinet Today!